

ADD-ON TREATMENTS

Designed as an addition to any facial treatment or on its own, this 15 minute age defying booster provides advanced solutions to support the vulnerable zones of the face.

INSTANT EYE REVIVAL • 15 minutes

As the eyes are one of the most delicate areas prone to premature ageing, Gatineau has introduced a treatment designed to **intensively lift** this area and restore a long-lasting firm and youthful appearance. Featuring a luxurious exfoliation, a draining and lifting massage using our **Age Benefit Advanced Eye Serum** and a refreshing treat for tired eyes in our **Collagene Eye Compresses** - your eyes are left feeling nourished, relaxed and lifted.

*Can be performed as a stand alone treatment (duration 30 minutes)

Gatineau.com

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TREATMENT MENU

EXPERT FACIALS

All of our expert facials feature cutting-edge skincare formulas together with professional massage techniques using traditional Gua Sha tools and Cryo-Globes to promote circulation, boost lymphatic drainage and relax facial muscles offering the perfect balance of relaxation and results.

COLLAGEN PLUMPING EXPERT FACIAL • 60 minutes

Treat your skin with this exclusive wrinkle-busting facial designed to plump the skin from within and smooth out lines. Using a freeze-dried Collagen Mask infused with Hyaluronic Acid this treatment restores instant hydration and reveals a radiant glow for a younger looking you.

HYDRA FUSE COCOON FACIAL • 60 minutes

This energising facial uses our coveted anti-fatigue cooling Filmomasque which is packed with Spirulina to purify and balance leaving it fresh and toned. This facial calms discomfort making it ideal for fragile, sensitive skin prone to redness

AGE DEFENCE POWER FACIAL • 60 minutes

An advanced youth enhancing facial dedicated to mature, tired, and dull looking skin which can be tailor made depending on your specific ageing concerns. Powered by advanced anti-ageing formulas and balanced with an exclusive sculpting facial massage, skin appears lifted, and the appearance of wrinkles are diminished. Skin regains firmness, density, vitality, and radiance for an all-encompassing age-defying result.

DEFINE & CONTOUR FACIAL • 60 minutes

This rejuvenating treatment uses renowned techniques and our coveted Defi Lift Lifting Mask to deliver instant and long-lasting results. The anti-ageing facial works to improve skin slackening, fine lines and wrinkles, lack of hydration and pigmentation concerns.

ULTIMATE AGE DEFYING FACIAL • 60 minutes

Created with the highest concentration of revolutionary active ingredients, this sublime facial provides unparalleled results to fight any sign of aging and reveal radiant, visibly younger skin. With a powerful rejuvenating action, this innovative facial repairs mature and photo-aged skin, smooths out wrinkles and improves elasticity and firmness.

THE SENSORY SIGNATURE RITUAL • 90 minutes

A luxurious nine step face and body ritual combining a unique fusion of ancient massage techniques, pressure point massage, lymphatic drainage together with ground-breaking formulations to improve the health and well-being of the mind and body.

SKIN REFINING POWER PEEL • 60 minutes

Transform skin texture and tone for a renewed supple and smooth complexion with this highly advanced resurfacing facial which combines the power of concentrated yet gentle fruit acid technology with expert techniques. This is the ultimate skin rejuvenating experience without discomfort which deeply cleanses, exfoliates, erases the visible signs of ageing, and promotes a youthful glow.

DISCOVERY FACIALS

For on the go beauty and when time is of the essence, our express facial treatments are tailored to offer the perfect high-speed solutions to meet your most pressing skin concerns.

YOUTH DISCOVERY FACIAL • 30 minutes

An express facial that combines the art of massage and mask layering to achieve optimum results in minimum time. The complexion appears smooth and radiant whilst providing an important boost to the moisture levels.

HYDRA DISCOVERY FACIAL • 30 minutes

When you're short of time but want to bring back an irresistibly hydrated and balanced complexion, this is the perfect remedy. Using a gentle blend of fruit acids this express facial is designed for all skin types looking to deeply moisturise, brighten and illuminate the complexion leaving it in a complete feeling of comfort.

BODY

Indulge and unwind with Gatineau's luxurious body treatments designed to de-stress, soothe aching muscles and restore balance to the mind, body and soul.

DE-STRESS MUSCLE MELTER • 60 minutes

This all-encompassing treatment begins with a hand and foot cleanse followed by a full body exfoliation to invigorate and de-stress the skin. This is followed by a relaxing massage to melt away tension. Using Ivy and Green Tea extracts, this massage leaves the mind and body relaxed, refreshed and de-stressed.

TENSION TARGETING BACK TREATMENT • 30 minutes

Slough away dead skin cells and melt away muscular tension with this targeted back treatment. A combination of stretching and tension targeting massage using a blend of Coffee Oil and Fruit Enzymes which leave skin silky soft, and muscles revived.

BEACH BODY READY • 45 minutes

This 2 in 1 face and body treatment begins with a thirst-quenching facial where dead skin cells are eliminated through an intensive double exfoliation. This is followed by a deeply hydrating facial mask and pressure point face massage to restore balance and moisture from the inside out. The body treatment uses our invigorating body brush and the Golden Glow Gradual Tan to leave skin soft, smooth and sun kissed.